

## TO END BULLYING

## standforthesilent.org

## **The Pledge**

"From this day forward, I promise to respect those around me as well as respect myself. I am somebody, and I can make a difference. I can make another feel loved. I can be the helping hand that leads another back to the path of hope and aspiration. I will not stand silent as others try to spread hatred through my community. Instead, I pledge to lift up those victims and show them that their lives matter.

## I will be the change, because I AM SOMEBODY!"