TOOL 06 OF 13 FOR PARENTS

Making it right.

For: A child who has hurt someone, with a parent · **From the guide:** pages 27 and 28

Everyone messes up. What matters is what you do next. Work through this with a parent or another adult you trust. There are no wrong answers, only honest ones.

1 What happened, in your own words?

2 Who was hurt by it?

3 How do you think they felt when they saw it?

4 What was going on for you? Were friends involved, were you angry about something, or was someone treating you this way, too?

5 What can you undo? Take down posts, leave a group chat, ask friends to stop sharing.

6 Your apology. Write it here first. Keep it simple and honest: what you did, that it was wrong, and that you're sorry.

Before you send it or say it

Ask a parent to check with the school or the other family first. An apology helps only if the other person wants to hear from you. If they don't, respecting that is part of making it right.

7 What will you do differently next time?

8 Who can help you stick to it?

Check-in date with your parent

> *"When we mess up, we got to learn to go back and apologize. Believe me, it can make a lifetime's worth of difference to somebody."*
>
> Kirk Smalley