TOOL 12 OF 13 FOR SCHOOLS

Letter to families.

For: School and program leaders, to send home · **From the guide:** page 37

Copy it into your newsletter or onto your letterhead. Fill in the brackets, and add your logo and signature.

Dear families,

As part of our work to keep every student safe and supported, we want to share a free resource with you. Are You Okay? is a guide from Stand for the Silent that helps parents and caregivers notice when something's wrong online, start the conversation, and know what to do next. It also covers something many families are just starting to think about: how kids are using AI.

You can download it, along with free checklists, email templates, and conversation cards, at standforthesilent.org/areyouokay.

If you ever have a concern about your child, please reach out to [name, title] at [email or phone]. We're in this together.

Sincerely,
[Name]
[Title, school]